



Merton Group

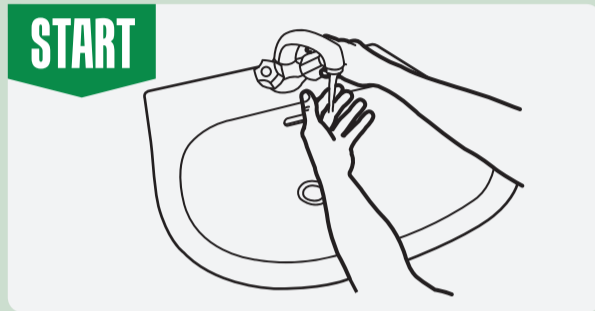
Cleaning and hygiene products that don't cost the earth



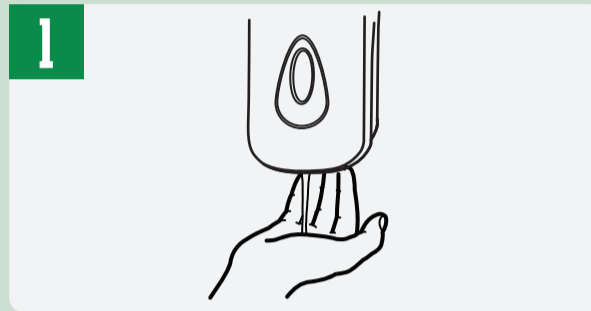
How to Handwash?

DURATION:
40-60 SECONDS

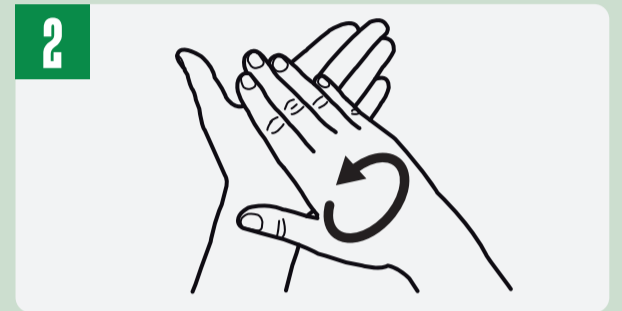
USE THIS METHOD TO WASH YOUR HANDS WHENEVER THEY ARE VISIBLY SOILED:



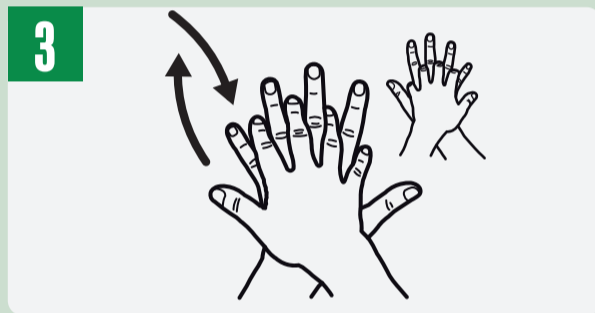
Wet hands with water;



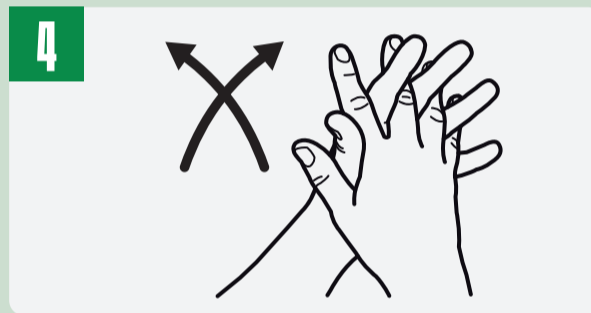
Apply enough soap to cover all hand surfaces;



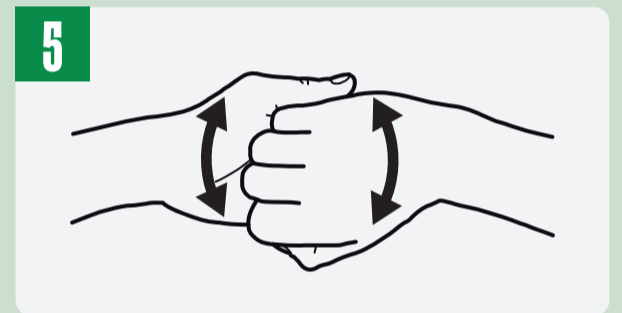
Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



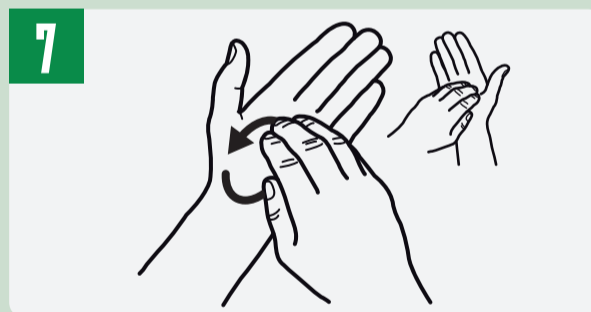
Palm to palm with fingers interlaced;



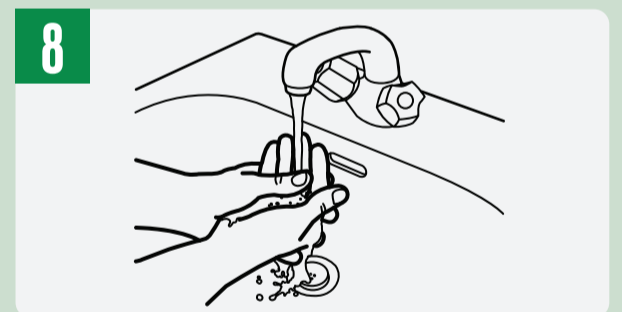
Backs of fingers to opposing palms with fingers interlocked;



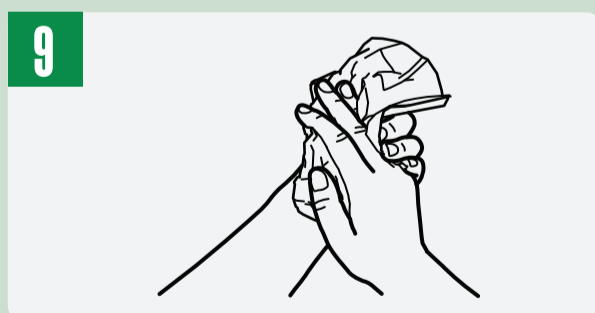
Rotational rubbing of left thumb clasped in right palm and vice versa;



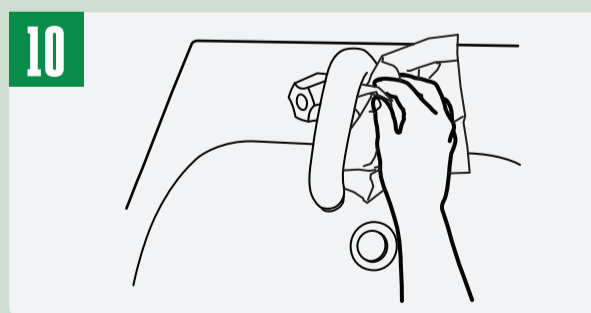
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



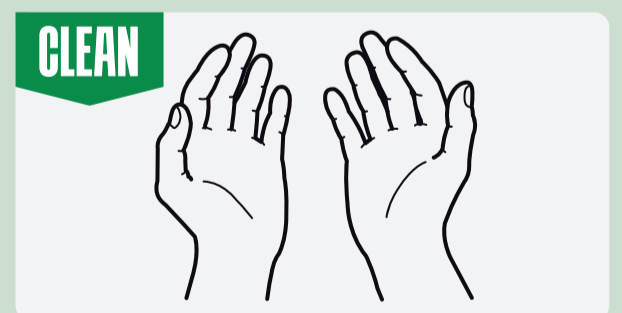
Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use a towel to turn off the tap if not using a push or auto tap;



Your hands are now safe.

Anything else?

If you have finished work you may choose to apply a suitable after-work restorative cream to maintain healthy, supple hands.

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